

Adapted Karate Kata Rules

Updated June 2020



#BEACTIVE

ADAPTED KARATE KATA

Adapted karate kata was introduced by WUKF to involve people with mental and or physical disabilities enabling them to enjoy the vast array of benefits that they can achieve from karate and to facilitate their participation in WUKF competitions at the highest level in both European and world tournaments.

NB: Any competitor if entered in the adapted kata category cannot be entered in any other kata categories.

Registration of competitor and supporting medical documentation:

It is mandatory that in order for a person to compete within the Adapted Kata categories, signed medical documentation from a registered health practitioner must be provided in writing and in English to the Adapted Karate Commission.

This written documentation must state the following:

- the type of disability
- the severity of the disability e.g. slight, moderate or severe.

This evidence must be supplied at the same time the competitor is entered into the competition, so the Adapted Commission may apply the relevant disability adjustment score.

Failure to supply evidence as set out above may result in refusal of the competitor's registration and exclusion from the competition or the incorrect disability adjustment score being applied.

Application of colour code adjustment score for competitors.

Once the coach has submitted the mandatory documentation or evidence to the Adapted Commission, all competitors, with the information provided, will be scored blue, green, amber or red in line with the severity of their declared disability.

Colour code	Severity of disability	Disability adjustment score awarded	Application
Blue	Minor	0.1	<i>This score is added to the competitor's score in each round</i>
Green	Moderate	0.2	<i>This score is added to the competitor's score in each round</i>
Amber	Severe	0.3	<i>This score is added to the competitor's score in each round</i>
Red	Profound	0.4	<i>This score is added to the competitor's score in each round</i>

During WUKF competitions the Adapted Kata Commission may check or re-classify the competitors colour code adjustment score in accordance with their disability and performance in order to maintain a fair and equal platform for all the participants.

Selecting the most appropriate category:

Within WUKF there are four recognised categories (Wheelchair, Ambulatory, Sensory Impaired and Learning disabilities) within Adapted Kata.

Competitors can **ONLY** be entered for **ONE** category irrespective of whether the competitor has multiple disabilities.

The most **APPROPRIATE** category should be selected.

Categories

Within the WUKF Federation, there are four recognised overall categories within the field of Adapted Kata, these are as listed:

1) Wheelchair

2) Ambulatory (physical disability but able to walk)

3) Sensory impaired:

(a) *visual - both monocular and binocular*

(b) *profound hearing loss*

4) Learning disabilities

(a) *autism, dyspraxia, ADHD*

(b) *Downs Syndrome*

NB: Coaches should be made aware that some levels of disability may be so severe that no participation is possible.

The above categories are further divided in to restricted age and grade categories as follows:

1) Children aged 6 - 12yrs 4th Kyu and below

6 – 12yrs 3rd Kyu and above

2) Cadets aged 13 – 17yrs 4th Kyu and below

13 – 17yrs 3rd Kyu and above

3) Seniors aged 18yrs and over 4th Kyu and below

18yrs and over 3rd Kyu and above

In certain circumstances some grades may need to be combined to enhance the competition.

Selection of Kata:

The kata competition will consist of **TWO ROUNDS**.

The competitor must select a different kata in each round (with the exception of competitors who are 4th Kyu and below who may repeat the same kata even in a tie situation). The kata selected **MUST** be taken from the current WUKF approved kata list for the competitor's style of Karate-do.

In an event of a tie, competitors ranked 3rd kyu and above will be allowed to repeat a kata if required to do so in order to determine the winner. Competitors are also allowed to select a new kata to perform from the WUKF list.

Scoring:

In **ROUNDS 1 and 2** the scoring of both kata performed will be adjusted by adding the additional points in accordance with the colour code adjustment score. These disability score adjustments will be added to the three remaining scores in each round after the **HIGHEST** and **LOWEST** score from the five judges have been deducted to give each competitor's final score.

The scores from ROUNDS 1 and 2 (which include the disability adjustment score) will be added together to give the overall score for each competitor and will be used to determine first, second and third place.

If the competitors are tied after ROUNDS 1 and 2 then a third kata must be performed. If after this point the scores remain tied, then **HANTEI** will be called to give the final result. Using the flag system (red/white) a decision will be made based only on the last kata performed to determine the winner.

The previous katas performed in rounds 1 and 2 should not be taken in to account by the judges when making the HANTEI decision.

Children's Kata 6 - 12 yrs:

Round 1

- A scheduled SHITEI Kata

Round 2

- A scheduled SHITEI or SENTEI Kata

Cadets Kata 13 – 17yrs:

Round 1

- A scheduled SHITEI or SENTEI Kata

Round 2

- A scheduled SHITEI, SENTEI or TOKUI Kata

Seniors Kata 18 years and over:

Round 1

- A scheduled SHITEI or SENTEI Kata

Round 2

- A scheduled SHITEI, SENTEI or TOKUI Kata

Judging criteria and guidelines:

Any kata performed may be an adaptation of the kata selected, as long it is taken from the current WUKF approved list.

The kata **MUST** have recognisable content and characteristics of the original kata.

Whilst some deviation may be accepted, in accordance with the competitor's disability, the criteria as set out below must be fulfilled.

- The performance of the kata must adhere to the essence of the original kata
- Any kata performed must adhere to the original 'directional' pattern of the kata.
- The competitor must demonstrate the **BASIC** and **ADVANCED** performance points/requirements as listed in the WUKF kata rules
- The kata must contain plausible and realistic **BUNKAI** to support the adaptation.

Correct martial art application must be shown to clearly demonstrate the competitor's ability and skills.

Wheelchair:

Further consideration should be given to the dexterity, control and manoeuvrability of the wheelchair in order to execute the techniques within the kata.

The competitor may flick the front wheels up in the air to indicate where a kick would ordinarily be performed at that point in the kata.

Excessive use of break during the kata:

Points will be deducted by the judges where a competitor has been deemed to use the break 'excessively.' The kata should be performed with minimal interruption and maintain a natural flow throughout.

Sensory

- *visual impairment*
- *profound hearing loss*

Competitors may be escorted onto and away from the tatami by a guide or coach.

In **ALL** cases the kata **MUST** be performed by the competitor **independently**.

Care of all competitors throughout the competition:

It is the responsibility of each coach to ensure that their competitor/s is accompanied throughout the competition. In addition, the coach must contact the tournament organiser to ensure that sufficient arrangements have been made to suit the needs of the competitors so as not to place them at any disadvantage. For example:

- Easy access to the tatami or performance area as well as changing/ toilet facilities, medal presentation areas and any food/refreshment areas.

